

This is a sample menu, the current menu is posted at the Academy

	WEEK 1	WEEK 2	WEEK 3	
MONDAY	Lasagna Salad Rolls	Taco Salad	Beef Stew Rolls	
TUESDAY	Pulled Pork Baked Beans Scalloped Potatoes	Stir Fry w/chicken Egg Rolls	Salisbury Steak Mashed Potatoes Green Beans Rolls	
WEDNESDAY	Meatloaf Mashed Potatoes Corn Rolls	Pork Roast Mashed Potatoes Corn Rolls	Chicken Sandwich Mac-n-Cheese Fresh Veggies	
THURSDAY	Chicken Parmesan Pasta Mixed Vegetables Rolls	Sloppy Joes Tater Tots Fresh Veggies	Spaghetti Meatballs Salad Rolls	
FRIDAY	Chili Chips	Fried Chicken Potato Wedges Coleslaw Rolls		